

## Abdominal Musculoaponeurotic Fibromatosis

**Banushree C. Srinivasamurthy\***, **Nagarajan K.\*\***, **Kaushik Saha\*\*\***, **Arpita Saha\*\*\***

\*Assistant Professor \*\*\* Senior Resident, Department of Pathology \*\*Assistant Professor, Department of Radiodiagnosis, All India Institute of Medical Sciences, Bhubaneswar.

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### Abstract

Desmoid tumor (musculoaponeurotic fibromatosis) is an aggressive monoclonal fibroblastic proliferation arising in musculo-aponeurotic structure at any site. It is a distinct pathological entity which can locally infiltrate and recur posing therapeutic challenges to a surgeon. We are reporting a rare case of abdominal desmoid tumor in a young patient.

**Keywords:** Desmoid; Abdomen; Fibroblast.

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### Introduction

The term desmoid is derived from the Greek word *desmos*, meaning a band or tendon[1]. McFarlane, was the first to report the disease occurring in the abdominal wall of a young woman after delivery in 1832[2]. Later, Mueller in 1838 coined the term desmoid tumor[3]. The fibromatoses are a group of benign fibroblastic proliferations that vary from benign to intermediate in biological behavior. The World Health Organization (WHO) now groups desmoid tumor under the term deep fibromatoses [4]. The deep fibromatoses are fibroblastic proliferations that arise within the deep musculo-aponeurotic structures and are traditionally divided into extraabdominal, abdominal wall, and intraabdominal types. They demonstrate infiltrative growth and local recurrence but do not metastasize. It is to have considered intermediate biological behavior due to frequent local recurrence[5]. Desmoid tumor is a rare lesion representing < 3% of all soft tissue tumors[6]. More frequently seen in the female population, with a female to male ratio ranging from 1.4 to 1.8. The peak incidence is between the ages of 25 and 35 years suggesting an association of this

disease with the endogenous hormonal environment and exogenous sex hormones [7,8].

### Case Report

A 23-year-old female patient presented to surgery department with a painless gradually increasing mass in the lower abdomen for two years. The patient had no history of similar condition in family, previous abdominal surgery or any abdominal trauma.

On examination, a single lower abdominal mass involving right lumbar, hypogastric, and iliac regions and extending vertically 10cm below xiphisternum to pubic symphysis and transversely from right anterior axillary line to mid-line.

Lump was fixed to the anterior abdominal wall, nontender, globular in shape of size 10 × 8 × 8 cm with smooth surface, and firm in consistency. Ultrasonography demonstrated a large solid heterogeneous hypoechoic mass showing internal vascularity seen in pelvic cavity extending to right lumbar region displacing the bowel loops superiorly.

After preoperative workup, patient was planned for operation, and complete excision of the tumor with wide surgical margins along with the anterior abdominal wall down to the peritoneum was performed, resulting in a large wall defect which was repaired after mobilization and release of rectus

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**Corresponding Author: Banushree C.S.**, Assistant Professor, Department of Pathology, All India Institute of Medical Sciences, Sijua, Patrapada, Bhubaneswar, Odisha 751019.

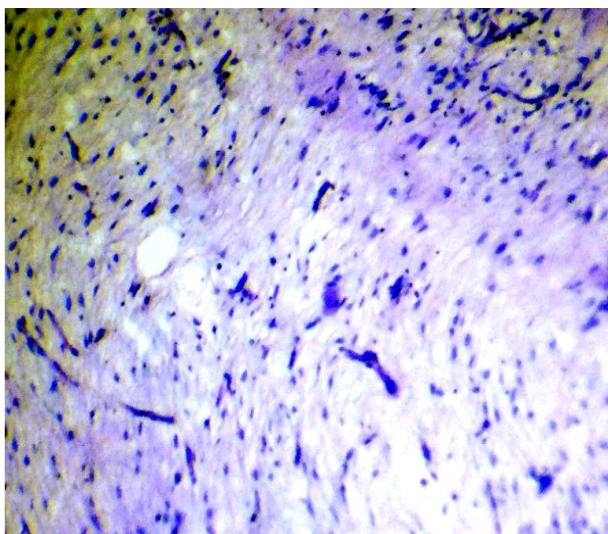
E-mail: [drbanushree15@hotmail.com](mailto:drbanushree15@hotmail.com)

abdominis and reconstructed with polypropylene + Monocryl mesh. Skin was closed after keeping vacuum suction drain beneath the subcutaneous space.

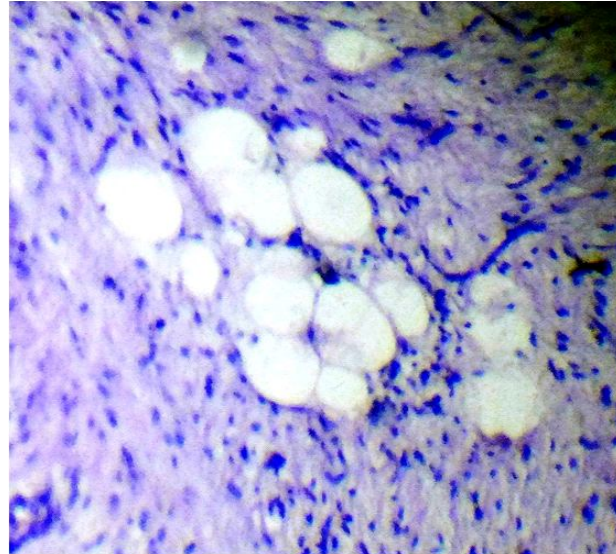
The postoperative course was uneventful. On Histology, fascicles of spindle cells were seen arranged in herring bone pattern with uniform nuclei and Proliferative spindle cells entrapping the skeletal muscle. The periphery of the lesion was showing haemorrhage and perivascular lymphocytic infiltrate. Histopathological reports were consistent with desmoid tumor with negative surgical margins. At 1 year of followup, patient did not have any recurrence or incisional hernia.



**Fig. 1:** Cut section showing glistening white and trabeculated tissue, resembling scar tissue



**Fig. 2:** Microscopic view of the excised tumor showing fascicles of fibroblastic spindle cells with abundant intercellular collagen



**Fig. 3:** Microscopic view of the tumor showing fascicles of spindle cells entrapping the muscle bundle and adjacent adipose tissue

## Discussion

Desmoid tumors have been well characterized histologically, but their nature and pathogenesis have remained obscure for many years [9]. The incidence of desmoid tumors in the general population is 2–4 cases per million per year, with a slight female preponderance and peak incidence in the third and fourth decades. These tumors are more aggressive in younger patients, with recurrence rates up to 87% [10]. Numerous factors strongly associated with development of desmoid. In that, surgical trauma can be associated in approximately 25% of the cases [11]. Trauma, pregnancy and oral contraceptive pills are other risk factors [12]. However, none of the above mentioned risk factors were noted in present case. Abdominal desmoid tumor usually presents as a firm mass with ill-defined margins. Giant desmoid tumor arising from anterior abdominal wall weighing upto 6.5kg has been reported in the literature. Wide local excision with reconstruction of the defect is the treatment of choice. Incomplete tumor removal or positive surgical margins may lead to local recurrence. In our present case after complete removal surgical margins were negative and on one year follow-up, patient was asymptomatic [13]. We conclude that Desmoid tumors should be considered in a patient with painless anterior abdominal mass as it is a rare challenging clinical condition which requires a multidisciplinary approach due to its aggressive behavior and tendency to recur.

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